

Starter Profile

Realized Strengths

Use wisely

Unrealized Strengths

Use more

Learned Behaviors

Use when needed

Weaknesses

Use less



Legacy

You care deeply about future generations and seek to leave a legacy through everything you do



Persuasion

You are extremely effective at convincing others and bringing them around to your point of view



Humor

You love making people laugh and look for every opportunity to do so



Growth

Whatever you are doing, you try to look out for ways to develop yourself further



Empathic

You tend to have a natural connection with other people



Explainer

You like to simplify things so that a wide range of people can easily understand them



Courage

While you may well feel afraid at times, you have learned to try to face up to and overcome your fears



Centered

You have learned to remain grounded in whatever situation you find yourself



Adherence

You are not the sort of person who is motivated by carefully following guidelines and rules

Learn more about the 60 strengths featured in Strengths Profile



Action



Enabler



Persistence



Adaptable



Equality



Personal Responsibility



Adherence



Esteem Builder



Personalization



Adventure



Explainer



Persuasion



Authenticity



Feedback



Planner



Bounceback



Gratitude



Prevention



Catalyst



Growth



Pride



Centered



Humility



Rapport Builder



Change Agent



Humor



Relationship Deepener



Compassion



Improver



Resilience



Competitive



Incubator



Resolver



Connector



Innovation



Self-awareness



Counterpoint



Judgment



Self-belief



Courage



Legacy



Service



Creativity



Listener



Spotlight



Curiosity



Mission



Strategic Awareness



Detail



Moral Compass



Time Optimizer



Drive



Narrator



Unconditionality



Emotional Awareness



Optimism



Work Ethic



Empathic



Organizer



Writer

Develop Your Strengths Further

Upgrade your Profile



I Introductory Profile

Strengths quadrant revealing up to:

- 7 realized and 7 unrealized strengths
- 4 learned behaviors
- 3 weaknesses
- Descriptions and development advice for each of the above
- **Your Potential** action advice and tips to use and develop your unrealized strengths to release your potential
- **Careers Guide** revealing 8 job sectors that match your strengths so you can make conscious career choices and love your job

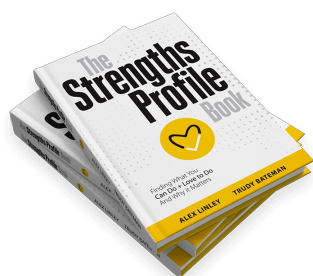


E Expert Profile

A more detailed Profile including:

- Your 60 strengths revealed within the 4 quadrant categories
- Your 60 strengths revealed within the 5 strengths families
- **Your Potential** action advice and tips to use and develop your unrealized strengths to release your potential
- **Careers Guide** revealing 8 job sectors that match your strengths so you can make conscious career choices and love your job

Further Resources



The Strengths Profile Book

An in depth guide helping you to use the language of your strengths and development of those strengths further

[Find out more](#)



Best SELF

Free 'Be your Best SELF' resources including reading, videos and worksheets to continue your strengths journey

[Find out more](#)