

STRENGTHS · PROFILE

Strengths Profile

In-Person Accreditation

Overview



In-Person Accreditation Programme

The Modules

What's Included:

E

Your Full-60 Profile
Your unique profile across 60 strengths

REALISED STRENGTHS	UNREALISED STRENGTHS	LEARNED BEHAVIOURS	WEAKNESSES
1. Mission	11. Learner's Edge	21. Work Ethic	31. Lack of Direction
2. Honor	12. Ideal	22. Self-Reliant	32. Lack of Energy
3. Persistence	13. Self-Reliant	23. Compassion	33. Lack of Focus
4. Authority	14. Planner	24. Explorer	34. Lack of Initiative
5. Courageous	15. Service	25. Handy	35. Lack of Motivation
6. Resilience	16. Enable	26. Equality	36. Lack of Persistence
7. Personal Responsibility	17. Legacy	27. Unconformity	37. Lack of Respect
8. Accountability	18. Strategic Awareness	28. Connector	38. Lack of Results
9. Time Optimiser	19. Advance	29. Change Agent	39. Lack of Teamwork
10. Judgement	20. Pride	30. Cooperative	40. Lack of Vision
11. Drive	21. Openness	31. Passion	41. Lack of Willpower
12. Moral Compass	22. Courage	32. Growth	42. Lack of Zeal
13. Relationship Deepener	23. Control	33. Adherence	43. Lack of Creativity
14. Empathic	24. Persuasion	34. Clarity	44. Lack of Curiosity
15. Action	25. Feedback	35. Valiant	45. Lack of Diligence
16. Emotional Awareness	26. Support/Builder	36. Calm	46. Lack of Flexibility
17. Conviction	27. Self-awareness	37. Listener	47. Lack of Humility
18. Improver	28. Teacher	38. Planner	48. Lack of Openness
19. Innovator	29. Adaptable	39. Detailer	49. Lack of Resourcefulness
20. Organizer	30. Wise	40. Perseverance	

Strengths Book

Strengths Cards

Drive

Pushing yourself to achieve want out of life.

Motivating

Action

Acting immediately and decisively, learning as you go.

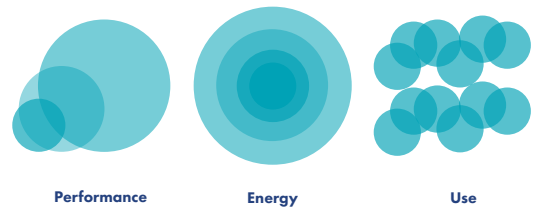
Motivating

3 Expert Profiles

Module 1

Introducing Strengths

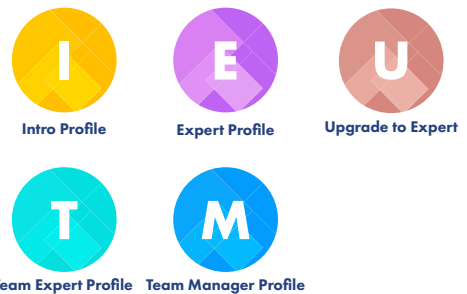
- The Benefits and Applications of Strengths
- Your Strengths Profile Reflections



Module 2

Exploring Strengths Profile

- Background and Profiles
- Validity and Comparison
- Cultural Differences



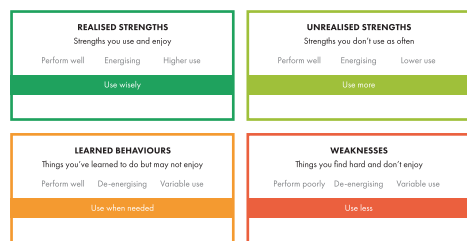
Module 3

Coaching with Strengths Profile

- Using the Model to Drive Action through each Quadrant
- Strengths Families and Expert Profiles
- Career Guide Conversations



Career Guide



Strengths Model

The Modules

Module 4

Best Practice

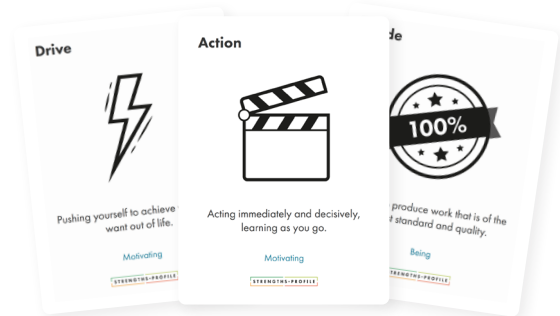
- Set-up Considerations
- Understanding Different Profiles



Module 5

Debrief Demonstration

- Strengths Profile Debrief Demonstration



Module 6

Goal Coaching

- Using the SP Model to Achieve Goals



Day Two

Module 7

Strengths Dynamics

- How Strengths Work Dynamically

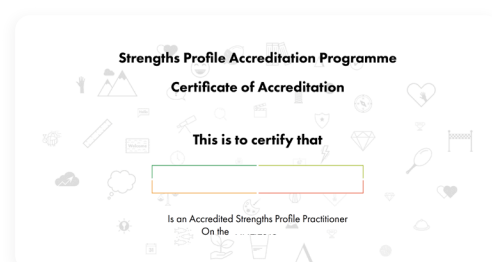
REALISED STRENGTHS Strengths you use and enjoy Perform well Energising Higher use	UNREALISED STRENGTHS Strengths you don't use as often Perform poorly De-energising Lower use
Use wisely	Use more
<ol style="list-style-type: none"> Mission Humour Persuasion Authenticity Counterpoint Resilience Personal Responsibility 	<ol style="list-style-type: none"> Organiser Esteem Builder Detail Spotlight Narrator Service Enabler
LEARNED BEHAVIOURS Things you've learned to do but may not enjoy Perform well De-energising Variable use	WEAKNESSES Things you find hard and don't enjoy Perform poorly De-energising Variable use
Use when needed	Use less
<ol style="list-style-type: none"> Adventure Pride Optimism Courage 	<ol style="list-style-type: none"> Adherence Curiosity Incubator

Day Two

Module 8

Accreditation

- Perform a Debrief and Receive Feedback
- Receive a Strengths Profile Debrief



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